

By Annie Pellant

The world is crisp
And earthy

I think autumn is the only season
You can taste

A season that makes your senses stand at attention
you can feel the change in the air

A time when family is
Everything
And food
Is plentiful

What are you thankful for?

Last year
I was thankful for

Being happy
This year it's being alive

Last year
I was thankful that

I could be with my family
This year I am thankful to

all the first responders who
Haven't seen theirs in months

Last year I was thinking about

Not eating too much
Now I think about the families
Where money is tight

And turkey is off the table

I am not going to stop being thankful
For the little things

My family health
My warm and cozy bed
The traditions we have

I'm going to enjoy
The food coma
And the board games

But this year

I'm going to try and fill a belly
other than my own

and this year

I am going to recognize
My responsibility as a human

And be thankful from a

distance