



Los Angeles Trip Packing List

Important

- Vaccination Card + ID
- 6 KN-95 or N-95 masks
- Any medication (properly labeled with your name)
- Hand Sanitizer

Clothing for 5 days/4 nights

- Jacket (it gets chilly at night)
- 2 sweatshirts
- 5 pairs of socks
- 5 pairs of underwear
- 4 t-shirts
- 2 long sleeve t-shirts
- 2 pairs of shorts
- 2 pairs of pair of jeans/pants
- 2 pairs of pajamas

Optional:

- Swimsuit

Shoes

- Sneakers/shoes you feel comfortable walking in (we're on our feet *a lot*)

Optional:

- Sandals
- Shower shoes

Toiletries

- Toothbrush + toothpaste
- Any face wash, soap, shampoo, conditioner specific to you
- Deodorant

If Applicable:

- Contact lenses/solution and/or glasses
- Period Products

Other

- Sunglasses
- Sunscreen & Aloe Vera Gel
- Bug Spray
- Hat for blocking out sun
- 2 water bottles or 1 32-ounce water bottle
- Phone charger/cord (phones will not be available during the trip)
- Digital camera for photos
- Playing cards

Carry-On

- Protein bars/snacks/gum
- Book/Kindle
- Earbuds/headphones