



JUNIORS AND SENIORS

1. PACKING RECOMMENDATIONS

§ Remember to check with your airline prior to departure to confirm the number, size and weight of luggage you are permitted to bring on the flight. Remember: The less you bring with you, the easier it will be for you and the group.

§ Israel is a fairly informal country and the style of dress is mostly casual. In general, you should pack casual clothes in which you will be comfortable and not mind getting dirty during touring.

§ Do not bring expensive/valuable clothing or accessories

§ Be sure to bring a packet of **face masks** with you to wear on the flights and in some public spaces in Israel

PACKING SUGGESTIONS

Clothing

- o undergarments and socks (including thick socks for walking)
- o 5 -7 comfortable shirts/blouses
- o 4 -5 pairs of jeans/comfortable pants or skirts
- o 2 – 3 pairs of shorts
- o *For women:* A knee length skirt (a wrap-around is handy) and a shirt with sleeves (not long sleeved but not sleeveless) for some of the religious sites that require them
- o Bathing suit
- o 1 - 2 pair of comfortable walking/hiking shoes
- o 1 pair of water shoes/sandals that you can wear in the Dead Sea (not flip-flops)
- o 2 sweater/sweatshirt
- o 1 light jacket
- o 1 sun hat/cap
- o Small knapsack/day pack for daily use
- o Siddur, Tallit and Tefilin if applicable

- o Kippah
- o Sunglasses
- o Prescription glasses, contacts, and contact lens solution if applicable
- o Chargers
- o Toiletries: toothbrush, toothpaste, hairbrush, sunscreen, medications, favorite soap and shampoo (There will be soap and shampoo at each of our overnight accommodations)
- o 1 towel
- o Favorite snacks